

The Afternoon of Life

Discover, uncover, even
recover your sense of
meaning and purpose
through authentic vocation



Presented by Jennifer Leigh Selig PhD and Suzanne Cremen Davidson PhD(c)
from Pacifica Graduate Institute (Santa Barbara, USA) and the Life Artistry Centre (Melbourne)

Friday 1 July – Sunday 3 July 2016. The Country Place, Dandenong Ranges, Victoria

Depth psychologist CG Jung wrote, “The afternoon of life is just as full of meaning as the morning; only its meaning and purpose are different... What youth found and must find outside, the man [and woman] of life’s afternoon must find within himself” (CW7, para 114). The afternoon of life refers to a stage of maturity where we feel like *this time has passed or must pass*, and a new time is beginning – rather than one’s chronological age.

Join us for this three-day country retreat, where we will look within to discover, uncover, even recover the meaning and purpose of the afternoon of our vocational lives.

Vocation (as distinct from career) is a calling to be our most authentic selves in the work (as distinct from a job) we do in the world. Jung termed this calling *individuation*; humanistic psychologist Abraham Maslow termed it *self-actualization*; and archetypal psychologist James Hillman termed it *soul-making*. Regardless of the term they used, all three psychologists believed that people often live lives far too small for them, giving in to the day-to-day demands of living (and earning a living) at the expense of the expression of their larger selves and their deeper souls.

In a small group format, participants will explore the afternoon of their lives and how they are living it using concepts such as *the persona, the shadow, archetypes, mythic stories, and childhood patterns*, and using tools such as *dreamwork, active imagination, journaling, and arts-based inquiry*. Our goal for the weekend is to evoke and awaken new (or old) possibilities for authentic vocation that bring meaning and a deep sense of joy and purpose into our lives.

See over for information on the
presenters, venue and early-bird registration.

lifeartistry.com.au



The Afternoon of Life: About your Presenters

Jennifer Leigh Selig



Jennifer earned her PhD in Depth Psychology at Pacifica Graduate Institute, California and joined Pacifica's faculty in 2005. She is the creative mind behind the curriculum in Pacifica's two innovative hybrid programs: the MA in Engaged Humanities and the Creative Life, and MA/PhD in Depth Psychology with an emphasis in Jungian and Archetypal Studies. In her teaching, Jennifer emphasizes vocation and the discernment of one's calling, using theories and practices from the depth psychological tradition such as archetypal and mythological resonance, and the role of psychological complexes. She is the author of dozens of articles and several books, including one which explores the vocational development of Martin Luther King, Jr.

Suzanne Cremen Davidson



Suzanne is the founder of the Life Artistry Centre in Melbourne. Having worked in over 20 occupations, from lawyer to career counsellor for adults in midlife, she knows first-hand the challenges and rewards of finding and following an authentic vocation. Among her qualifications, Suzanne holds two Masters degrees (in Jungian and Archetypal Studies, and in Engaged Humanities and Mythology), from Pacifica Graduate Institute, California, where she co-teaches a Masters course on vocation with Dr. Jennifer Selig. She is currently completing her doctorate exploring a depth psychological approach to vocation; also teaching and mentoring individuals.

Discover more about your retreat hosts at lifeartistry.com.au/faculty

A country retreat in the Dandenongs!

Be rejuvenated in an environment that's good for body and soul. The Country Place lies in the leafy heart of the Dandenong Ranges, less than one hour from Melbourne. Registration includes 2 nights' individual guestroom accommodation with ensuite, all meals and tuition. Transfers available from Melbourne CBD.



Commences Friday 1 July at 6pm and concludes Sunday 3 July at 2pm.

\$1595 per person. \$1450 concession (full-time student, Centrelink, current Jung Society member). EARLY BIRD SPECIAL before 30 April – \$1375.

Places are limited to 12, so don't miss out! Participants are asked to complete an online application form so we may tailor the retreat to your interests and needs.

**To book, please visit www.lifeartistry.com.au
Enquires telephone (03) 9444 0570 or email hello@lifeartistry.com.au**



*Quality educational courses to inform, enrich and inspire your work
from the traditions of Jungian and archetypal psychology*